

Modes of Transmission of Infections

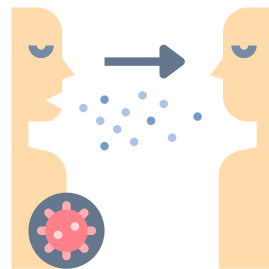
Direct Contact

- Touching wounds
- Sharing personal items like towels or razors
- Using infected medical equipment
- Physical contact (Intimacy)



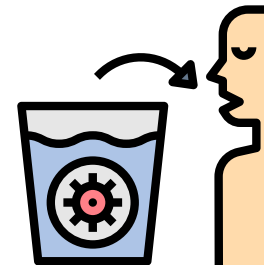
Airborne Transmission

- Breathing in Contaminated Air
- Enclosed or Poorly Ventilated Spaces
- Prolonged Exposure in Shared Air



Water-borne Transmission

- Drinking or Using Contaminated Water
- Eating Food Washed with Dirty Water
- Using Unhygienic Public Toilets and Washrooms
- Poor Hand Hygiene After Toilet Use or Touching Dirty Surfaces



Contaminated Food

- Eating Undercooked or Raw Food
- Food Handled with Dirty or Unwashed Hands
- Stale, Spoiled, or Leftover Food Kept Uncovered
- Food Cooked or Served in Unhygienic Conditions

